

Warm Vanilla and Honey Lip Balm

Supplies

- 15-18 standard lip balm tubes or 3-1 oz tins
- a small digital kitchen scale
- small pot or double boiler

Ingredients

- 1 oz. (approx. 2 tbsp.) sweet almond oil
- 1 oz. (approx. 2 tbsp.) shea butter
- 1/2 oz. (approx. 3 tsp.) beeswax
- 1/4 oz. (approx. 1 1/2 tsp.) raw honey
- 1/4-1/2 teaspoon vanilla oil

Method

1. In a small pot -- or double boiler -- over low heat melt the almond oil, shea butter, and beeswax. Stir continuously until all is melted and well blended.
2. Remove the pot from the heat and add raw honey and vanilla oil. Whisk well -- this can be done by using a small whisk, fork, or with a chopstick -- and attempt to distribute the honey throughout the oil. (*Note: This can be rather challenging. So don't be discouraged if a bit of the honey remains undistributed. The trick is to stir and pour.*)
3. Pour the mixture into lip balm tubes and/or tins.
4. Let them cool on the counter until hard.
5. Cap and label.
6. Store as you would any other lip balm. Keep away from extreme heat.
7. Use within 2 years.

**This recipe will make enough to fill approximately 15-18 standard lip balm tubes or 3-1 oz. tins.*